

# Floortime™ for Parents



The Astra Foundation in partnership with **Autism Resource Center of Central MA** is pleased to offer the workshop, *Floortime™ for Parents*, starting **January 12, 2012**.

The workshop will meet six times, on a variety of **Thursdays** from 7:00 pm–9:00 pm: **Jan 12, Jan 19, Feb 2, Feb 9, Feb 16, Mar 1**. Mentoring dates: **Jan, Jan 26, Feb 23, Feb 25**.

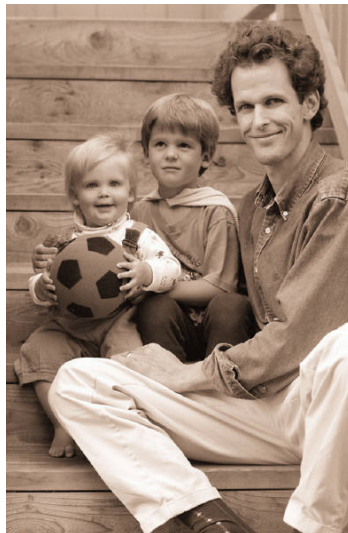
The workshop will be held at the **Autism Resource Center, 71 Sterling Street, West Boylston MA**.

**Tuition:** \$25 per person, made payable to ARCCM. (\$50 per person for folks not registered with ARCCM)

In this workshop, we will learn about DIR® play techniques that emphasize the relationship between parent and child as the foundation for learning. We will explore how play can deepen our insight into a child's world to support his or her emotional connections and growth. The workshop is suitable for parents of children with issues of regulation, behavior, communication or developmental delays.

We will discuss children and look at videotapes of play to learn how Floortime™ may help your child:

- ◆ Improve attention
- ◆ Engage with you more strongly
- ◆ Be more calm and organized
- ◆ Communicate more
- ◆ Play with more complexity
- ◆ Understand themselves and others better



To register, please contact 508-298-1610 or go to [www.autismresourcecentral.org](http://www.autismresourcecentral.org).

For more information on the course, contact Sarah Measures, [sarah@astrafoundation.org](mailto:sarah@astrafoundation.org)

