

Floortime™ 2: For Parents

More Strategies & Techniques



To register, please go to our website

www.astrafoundation.org,
click on parent classes for
registration form or contact
pam@astrafoundation.org

For more information on the
course, contact Sarah
Measures,
sarah@astrafoundation.org

The Astra Foundation is pleased to offer the workshop, *Floortime™ 2 for Parents*, starting March 18.

The workshop will meet six times, on Thursday from 7:00—9:00 PM on 3/18, 4/1, 4/8, 4/15, 4/22, 5/6 including two mentoring sessions 3/25, 3/27 or 4/29 (you choose two).

The workshop will be held at the Astra Foundation, 524 Main Street, Acton.

This course is a follow-up to *Floortime: Helping Parents work with children with developmental delays*. The objective of the course is to help parents learn to do more effective Floortime™ with their children.

We will demonstrate Floortime™ principles and strategies through extensive use of videotape and case studies. Each week we will focus on specific skills that parents will be encouraged to try out at home. We also seek to provide a safe environment for parents to brainstorm specific situations or challenges they are facing when working with their own child. Guided discussion will be a significant part of each session.



It is recommended that parents have either taken our first course or have read the book, *The Child with Special Needs* (ISBN: 0201407264), prior to the first class.